



Dear Customer,

Your healthcare provider has ordered a drug monitoring test. For your convenience, you may self-collect the sample at home.

Your Quest Diagnostics self-collection box includes:

- A self-collection device (Oral Eze® collection package or specimen collection container)
- Collection, packing, and shipping instruction guide
 - For Spanish language version of the instruction guide, please go to:
<https://www.questdrugmonitoring.com/resources>
- Requisition form with detachable label (order form from your healthcare provider)
- Specimen bag to hold specimen collection device and form for return shipping
- Return label

Please make sure you have each of the above items in the package and read through the instructions completely.

Your healthcare provider is asking for this collection to be completed within 2 days from the time you receive the self-collection package.

If you are unable to complete the self-collection or have any further health questions, please contact your healthcare provider. If you can complete the self-collection, please pack and ship the same day.

If you prefer, you can visit a Quest Patient Service Center for your sample collection. To find your nearest Patient Service Center and schedule an appointment, go to **QuestDiagnostics.com/appointment** for more information and to create an account, if you do not already have a MyQuest account.

Thank you for choosing Quest Diagnostics.

Sincerely,

Quest Diagnostics